

# Elastodontics & Myofunctional Therapy

"Supporting Healthy Craniofacial Development Through Early Intervention"

Presented by

**Dr. Stéphanie Martimbeau**

DMD, B.Sc., M.Sc., Cert.Pédo., FRCD(c)



## Course Information

### Dates:

Friday, February 20, 2026  
Saturday, February 21, 2026

### Lecture Time:

8:00am - 4:00pm

*Registration opens at 7:30am*

### Location:

Delta Toronto Airport  
655 Dixon Road  
Toronto, ON M9W 1J3

**14 CEU**

## Early Bird Tuition:

*45 days in advance)*

\$995 Doctor  
\$595 Team Member

## Regular Tuition:

\$1195 Doctor  
\$795 Team Member

## To Register:

✉ [cerumce@aurumgroup.com](mailto:cerumce@aurumgroup.com)

☎ 1.800.661.9567

## Refunds/Cancellations:

Full tuition refunds are available for cancellations made more than 72 hours prior to the course start date.

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**Dr. Stéphanie Martimbeau**

*B.Sc., M.Sc., DMD, Cert. Pedo, FRCD(C)*

Dr. Stéphanie Martimbeau is a leading expert in pediatric dentistry, interceptive orthodontics, and myofunctional therapy. With over 20 years of clinical experience, she is known for her integrative approach to early intervention and craniofacial development.

She holds advanced degrees in anatomy and dentistry from McGill University and the University of Montreal, with additional postgraduate training at Johns Hopkins, Boston University, and Massachusetts General Hospital. Dr. Martimbeau has received specialized training in functional orthodontics, AMCOP bioactivators, Froggy Mouth, Myobrace, and TMJ pathology in children, and is certified in myofunctional therapy and Invisalign®.

A passionate educator, she has taught at the University of Montreal, the International Dental Institute, and currently shares her expertise through the Multidisciplinary Dental Academy, which she co-founded in 2009.

## Course Overview:

Elastodontics is a minimally invasive orthodontic and myofunctional therapy that uses removable appliances to guide craniofacial development and correct malocclusions in growing patients. Orofacial muscle dysfunction such as improper swallowing, breathing, and chewing—can negatively impact speech, occlusion, and skeletal growth. AMCOP bioactivators apply gentle, continuous forces to promote balanced development of the muscles, bones, and teeth. For optimal results, these appliances should be combined with myofunctional therapy to support proper muscle balance, physiological swallowing, and nasal breathing—encouraging harmonious growth and long-term stability. This two day course is designed for dental professionals eager to incorporate Elastodontics and Myofunctional therapy into their practice.

## Topics Covered:

- Introduction to Elastodontic Therapy
- Craniofacial Growth
- Diagnosis of Orofacial Myofunctional Disorders
- Nasal vs. Mouth Breathing
- Physiological Swallowing vs. Tongue Thrust
- Impact of Chewing Habits & Food Texture
- Skeletal Malocclusions (Class I, II, III)
- AMCOP Appliance Types & Design
- How to Select and Modify Appliances
- Froggy Mouth: When & How to Use It
- Myofunctional Exercises for Breathing and Swallowing
- Clinical Case Reviews

**05-2023, Pre - Treatment**

Female - 2 yrs, 8 months



**07-2025 Post Treatment**

Female - 4 yrs, 10months

